



What's New?

The easiest, most affordable, and powerful developmental opportunity you can provide for your child is **playing in nature**.

Nature Play is a new group program that has been created from a partnership between Lead and Timbernook. These child-led play experiences allow little ones the space and time for unstructured, active, outdoor adventures at Edworthy Park. *"Nature reminds us that despite all of the chaos, there is still so much beauty in our world."* - Devon owner of Timbernook Calgary.

Nature Play is open to all Lead families. To learn more about spots in Nature Play, email Devon at dkarchut@timbernook.com or Kim at kmarion@leadfoundation.ca



Important Dates

Daylight Savings Time Ends
Sunday, Nov. 7th
Clocks go Back 1 Hour

**Remembrance Day
Stat Holiday – No Lead
Programs**
Thursday, Nov. 11th

Family and Staff Resources

While exploring at Edworthy Park one of our staff caught site of this re-done accessible playground. This cool sign has been built to help kids use visuals to communicate. Keep an eye out for these signs at your own community park! If you have a chance, explore Edworthy Park or any of these other amazing natural spaces around Calgary **See more in the link to the right.**

Links



AHS's Community Education Sessions offers live webinars and past recorded sessions on a wide variety of topics:

- Building Social Connections
- Healthy Brains = Healthy Children
- Children and Parenting After Separation
- Super Dads Super Kids
- Screen Time: The Good, the Bad & the Ugly
- Much more...

Find out more in the link to the right.



National Child Day: Wednesday November 20th gives children and adults, from coast to coast, an opportunity to join in a national conversation about what it takes to make Canada the best place in the world for kids to grow up. National Child Day is celebrated annually to mark two historic events: the 1959 signing of the UN Declaration of the Rights of the Child and the the adoption of the UN Convention on the Rights of the Child in 1989 (UNCRC).



The **Healthy Parents, Healthy Children website** has a searchable collection of helpful information on child development, childcare and resources for parents. Information for expecting mothers and parenting tips for children ages baby to toddler. **See link to this site to the right.**

