



## What's New?

Share your feedback on the wellbeing of children and youth in Alberta: To see this survey for parents, childcare professionals or any Albertan **click the link in the picture to the right.**



Our multi-disciplinary teams are here to help. FSCD programs are open through the summer and we are accepting registrations for our PUF programs in September. Families looking for supports for their child can contact us and we would be happy to talk about what Lead has to offer.



This is how Lead staff “Flip-Flop into Summer!”  
 “I love camping & listening to music by the campfire.”  
 “I love the great outdoors with friends and family.”  
 “I love to take my paddle board out on the water.”  
 “I love fly-fishing!”

What are you looking forward to this summer?



**Accessible Playgrounds:** Take a look for great outdoor fun in your area in the **link to the right.** This amazing map shows all the accessible playgrounds in Calgary!



## Important Dates

**Father's Day**  
Sunday, June 20<sup>th</sup>

**Alberta Education Programs  
Year End**  
June 29<sup>th</sup>

**Canada Day – Stat Holiday**  
Thursday, July 1<sup>st</sup>

## Family and Staff Resources

**Triple P – Positive Parenting Program** is one of the world's best. Backed by more than 340 trials and evaluations, Triple P gives you proven parenting strategies that will help you set up your child or teenager for life – so they'll be happy, confident and successful. In the meantime, your home life will be better too... with rules followed, relationships stronger, and parents who are much less stressed. **Click the link to the right for more information** or call the Parent Self Referral Line: 403-297-2149

**Ability 4 Good**, a center based program that aims to build friendships among peers through play and social activities while providing respite for families. We'll be exploring various structured activities, arts & crafts, mindfulness practices and sensory play. *Tuesday/Wednesday Summer Respite Program: Kid's Group (age 3 to 7) - July 6 to Sept. 1, 2021 9am-12pm.* For more information Contact John Marquina, john@ability4good.com, Text or Call: 581.700.6749

**Calaway Park** will open for 2021 Season on Saturday, June 12<sup>th</sup>. There are a few new processes in place to keep everyone safe and comfortable. Reservations are being taken now for your day of family fun. **Click in the link to the right for more information.**

**Family Fun Calgary:** What will the summer hold? Check out the **link in the picture to the right** for a list of summer fun activities that help to make Calgary such a special city. How many can you cross off your list before the Labour Day long weekend is finished?

**Mindfulness for Anxiety Management:** This 5-minute module introduces parents and caregivers to mindfulness as a valuable management tool for anxiety and stress management. Find this and more live and recorded sessions at AHS's Community Education Sessions **in the link to the right.**

## Links

